



# SPIRES INTEGRATED PRIMARY SCHOOL

## MENU – FEBRUARY 2018

Dinner Cost £2.60 per day

**If your child has a food allergy, please ensure you inform the Principal.**

	<b>Week Commencing 5 February</b>	<b>Week Commencing 12 February</b>	<b>Week Commencing 19 February</b>	<b>Week Commencing 26 February</b>
<b>Monday</b>	Chicken Curry & Rice <b>or</b> Sausages, Onion Gravy, Cabbage & Mashed Potatoes ~~~~ Mini Muffin & Juice	<b>Mid-Term Holiday</b>	Chicken Lasagne & Side Salad <b>or</b> Mince Pie, Vegetables & Mashed Potatoes ~~~~ Cookies & Milk	Chicken Kebab <b>or</b> Ham & Cheese Toastie, Garlic Cubes & Coleslaw ~~~~ Ice Cream & Strawberry Sauce
<b>Tuesday</b>	Stuffed Bacon, Turnip & Mashed Potatoes <b>or</b> Vegetable Soup & Ham Sandwich ~~~~ Cornflake Tart & Custard	<b>Mid-Term Holiday</b>	Vegetable Stir Fry & Egg Noodles <b>or</b> BBQ Chicken, Chips & Side Salad ~~~~ Ice Cream Tub	Beef Lasagne & Side Salad <b>or</b> Chicken Pie, Mashed Potatoes & Vegetables ~~~~ Bakewell Tart & Custard
<b>Wednesday</b>	Spaghetti Bolognese & Garlic Bread <b>or</b> Smoked Haddock, Peas, & Mashed Potatoes ~~~~ Iced Sponge & Custard	<b>Mid-Term Holiday</b>	Pizza & Potato Wedges <b>or</b> Pasta Bolognese ~~~~ Yoghurt & Fruit	Beef Curry & Rice <b>or</b> Shepherd's Pie ~~~~ Jam Sponge & Custard
<b>Thursday</b>	Roast Chicken, Stuffing, Gravy, Roast Potatoes & Carrots ~~~~ Fresh Fruit	<b>Mid-Term Holiday</b>	Roast Beef, Gravy, Carrots & Mashed Potatoes ~~~~ Brownie & Juice	Roast Chicken, Mashed Potatoes, Gravy, Stuffing & Mixed Vegetables ~~~~ Apple & Banana
<b>Friday</b>	Hot Dog <b>or</b> Fish Fingers Chips & Beans ~~~~ Ice Cream Tub	<b>Mid-Term Holiday</b>	Breaded Cod <b>or</b> Vegetable Nuggets, Mashed Potatoes & Peas ~~~~ Carmel Tart & Custard	<b>Surprise!</b> <b>Surprise!</b>

**NB Vegetarian option available on request. Fruit and Yoghurt Available Daily.**